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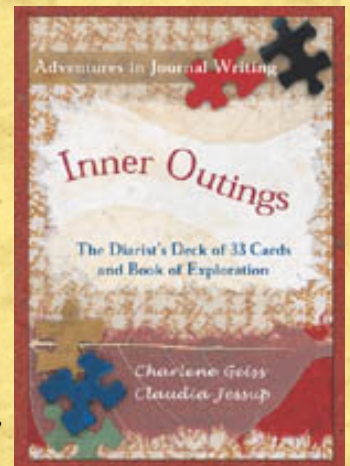
The Diarists' Workshop

A School of Personal Writing
and Creative Journaling

Keeping a journal will absolutely change your life in ways that you never imagined. - Oprah

Inner Outings

A boxed set from New World Library
containing
The Diarist's Deck
and
Book of Exploration



From purely anecdotal evidence, I estimate that there are hundreds of thousands of blank journals sitting in homes and offices, collecting dust, even as they call to their owners to record something of that person's day, a recent event or an important memory. Are we unable...or terrified...to write? There are dozens of reasons one should keep a journal, and as many forces preventing us from getting started or going deeper.

To help beginners to begin and experienced diarists to freely pursue their self-discovery, I developed "*The Diarist's Deck*", 33 cards of original art, expressing single topics that frequent the diarists' landscape. Through classes at The Diarists' Workshop, students learn the endless versatility of the cards; prompts that, when combined with a chosen writing technique, can produce endless interactions with our inner voice and a deep understanding of who each of us is.

With the aid of a dear friend and author, [Claudia Jessup](#), *The Diarist's Deck* is now incorporated into a wonderful new boxed set called *Inner Outings*, that allows anyone to enjoy the beautifully reproduced cards with the aid of Claudia's *Book of Exploration*, an inspiring guide to the cards' use, including the writing techniques that can harvest astounding personal breakthroughs.

Grab a favorite writing instrument and blank book, start with confidence and write with purpose. Do you have only a few minutes, or do you need to invest pages on a single issue? The *Inner Outings* method will inspire you to write, express your inner voice and write on your own terms.

Inner Outings released by New World Library in September, 2002, is available at most fine book stores or through this site. Purchase the [original art](#) used to produce the Diarist's Deck.



photo by Paulette Tavormina

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